

**RABTEN
JIGME LING**



**Buddhist temple
and study centre**

**Stationsweg 98
Den Haag**

The Noble Eightfold Path

weekend course Buddhism – English and Dutch translation

24 – 25 May 2025

date and venue	24 – 25 May 2025 10.00 – 12.00 hrs. and 14.30 – 17.00 hrs. (both days) Stationsweg 98, Den Haag
the teacher	The teacher is Venerable Geshe Tsültrim , senior teacher at the <i>Rabten</i> Centres in, among others, Switzerland, Austria and Germany. For more information on the <i>Rabten</i> centres see: www.rabten.eu .
<u>the course</u>	<i>The Noble Eightfold Path</i> describes the 8 trainings and actions that we should practice in order to attain Liberation and to end suffering. These 8 trainings are: the right view, the right resolve, the right speech, the right conduct, the right livelihood, the right effort, the right mindfulness and the right concentration. Starting at our own level, we can then proceed to the ultimate completion of these behaviours.
information and flyer	In Liem, tel.: 070- 3800 273; mob.: 06-387 57 116; e-mail: info@rabtenjigmeling.nl website: www.rabtenjigmeling.blogspot.nl
course fee	There are two categories: 1) regular; 2) for those with minimum income or less. 1) regular: € 50,- 2) minimum income: € 10,-